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Athletes get a day out after Saturday's tough schedule



The Mae Sa Elephant camp was a great favorite among the athletes and coaches.



Track and field saw the long jump athletes competing for the gold, see details on page 3.

Athletes, coaches and staff had a rest day today with many taking advantage of the free time to join the organized trips to San Kamphaeng Hot Springs, Mae Sa Elephant Camp, Baan Tawai, Bor Sang and the Night Safari. Pages 4-8 offer a collage of photos of the fun.

While Saturday's Track and Field events are covered on page 3 as it was a very full day for the athletes.



Women's pole vaulters soared high during Saturday's gold medal competition.

What's cooking

The 15th AUG continues with today seeing 30 gold medals from 5 sports up for grabs.

Maejo University sees **track and field** continue with 12 gold medals up for contention. Pre-

liminary rounds start at 9 a.m. and the final rounds are schedule for 3 p.m.

Sepak Takraw will see men's doubles vie for the gold also at Maejo University starting at 5

p.m. Volleyball continues at Maejo at 2 p.m.

Ten Pin Bowling at UFO Bowl in Chiang Mai starts at 10 a.m. with the Men's Team Trios and Women's Team Trios, while at the North Chiang Mai University, **taekwondo** fighters vie for 5 gold medals, in men's singles, women's singles, men's team,

women's team and mixed team, starting at 4 p.m.

Other sports see preliminary rounds competing with **basketball** and **futsal** at Chiang Mai's 700 Years Sports Complex beginning at 1 p.m. with **tennis** starting in the morning at 10 a.m.

Beach volleyball continues at Chiang Mai University at 9 a.m.

31 categories of **badminton** competition and 36 categories of **table tennis** will begin at 10 a.m. also at CMU.

Today sees the opening day for **Pencak Silat** at Payap University starting at 9 a.m. and **golf** at Maejo Golf Club and Resort, Chiang Mai at 11.00 a.m.

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Evening entertainment refreshes the spirits



Montfort Boys Choir provide world class entertainment after dinner.

The athletes are given the opportunity to see local entertainers perform at the Chiang Mai Phucome Hotel when boys from Montfort College sing and dancers from perform traditional Lanna dances in costume.

The Bai See Soo Kwan dance is a sacred dance performed on the first night especially to welcome our guests to Chiang Mai. It is believed that there are 32 elements in a human body. When all 32 elements are with you, you are in balance, when even one is missing, the body is out of balance and can be unwell. This performance is designed to call the missing elements back. All things used in the performance are made from nature; banana leaves, flowers and fresh food to soothe your spirits. The "Spirit of Lanna" Dance is performed to ask for blessings for the athletes to achieve what they hope for in the ASEAN University Games.

The boys from Montfort College range in ages from 10-12 years old and perform nightly. The choir was invited by the Board of the National Youth Coordinator to represent Thailand in the 1st ASEAN Children's Choir Festival in 1994. The choir has sung in countless concerts over the years and had the opportunity to sing in front of HM the King's late sister, HRH Princess Galyani Vadhana. More recently, they joined the World Chorus Singing Contest in Xiamen in 2006 where they won a Bronze Diploma VIII award in the 4th Choir Olympics.

So, sit back and be entertained after dinner, and find yourself refreshed and renewed!



Dancers perform the Bai See Soo Kwan dance to refresh the spirits of the athletes.



Indonesian athletes have a great time at the evening's entertainment.

15th ASEAN UNIVERSITY GAMES 2010 MEDAL STANDINGS

Rank	Country	Gold	Silver	Bronze	Total
1	Indonesia	17	13	11	41
2	Thailand	13	14	13	40
3	Malaysia	10	9	15	34
4	Vietnam	5	6	6	17
5	Singapore	1	1	7	9
6	Philippines	1	1	5	7
7	Laos	0	3	7	10
8	Brunei Darussalam	0	0	1	1
9	Timor-Leste	0	0	1	1
10	Myanmar	0	0	1	1
11	Cambodia	0	0	0	0
		47	47	67	161

As of December 20, 2010 06:00 hr



Track and Field athletes in high gear Saturday



National University Games gold medal winner for the hammer throw, Patipan Sangsing, adds a second gold medal to his growing collection.

The Men's Hammer Throw saw Patipan Sangsing of the Institute of Physical Education, Sukhothai campus take the gold with a record breaking 49.91 meters, an additional triumph coming off his gold medal win at the National University Games in Chonburi. Ardiansah Apandy of Indonesia at 45.29 m. for the silver and the bronze went for Joel Sta Mina of Philippines at 39.20 m.



Serafi Anelies Unani smiles broadly after winning the 100m sprint.

Indonesian Serafi Anelies Unani narrowly won the Women's 100m sprint with a time of 11.76 seconds while Thailand's Tassaporn Wannakit took the silver with 11.80 seconds and Malaysian Siti Zubaidah Adabai ran it in 11.82 seconds.



Natta Nachan took the gold medal in the Women's Javelin throw Saturday, December 18.

The Women's Javelin Throw saw Thai national player Natta Nachan win the gold with a 46.34m while Indonesian Azizah took silver with 43.61 and Hui Juen Teo of Singapore earned the bronze with a 38.41m throw.

Saturday, December 18 saw the first day of the track and field competitions and the day was so action packed they need their own section!

The hosts reigned supreme with a total of 5 golds out of 9 while Indonesia pulled off two gold medals, Malaysia and Singapore

took one gold each.

The day saw 9 events take place, the Men's Hammer Throw, Women's 100 meter, Men's 100 meter, Women's 400 meter, Men's 400 meter, Men's 5,000 meter, Women's Javelin Throw, Women's Pole Vault, and Men's Triple Jump.

Country	Gold	Silver	Bronze
Thailand	5	3	2
Indonesia	2	5	3
Malaysia	1	1	2
Singapore	1	-	1



The Men's 400m winners proudly display their medals.

The Men's 400 meter sprint saw Thailand's Chanatip Ruckburee of National Thai sprinter setting a new record with his 48.13 second win over Yuvaraj Panersel Vam of Malaysia with 48.50 seconds and the bronze went to Arif Rahman of Indonesia with 48.87 seconds.



Muhammad Elfi Bin Mustapa takes the gold in the Men's 100m final.

The Men's 100m final had Singapore win a gold with a time of 10.59 seconds by Muhammad Elfi Bin Mustapa, second place went to Indonesia's Fadlin who narrowly lost with a time of 10.60 and Fernando Lumain of Indonesia earned a bronze with his time of 10.65 seconds.



Varyunyoo Kongni recorded 15.33m in the Triple Jump.

Hosts Thailand also took the gold in the Men's Triple Jump with Varyunyoo Kongni at a record jump of 15.33 m. beating Asril Abdullah of Indonesia at 15.19m. and the bronze went to Supanara Sukhasvasti na Ayudhaya of Thailand.



Roslinda Samsu vaults 4m to take the gold.

The Women's Pole Vault final saw Roslinda Samsu of Malaysia take the gold with a vault of 4.00m while Thailand's Sukanya Chomchuendee earned the silver with a vault of 3.90m and Kathleen Ong of Malaysia took the bronze with 3.80m.



Atchima Eng-Chuan receives her gold medal for her 56.83 sprint in the Women's 400m.

The Women's 400m sprint resulted in gold medal win for Thailand's Atchima Eng-Chuan with a 56.83 second run, edging Karat Srimuang of Thailand at 57.59 seconds and Nining Souhaly of Indonesia with 58.01 winning the bronze.

By Jaruwan Phuaphan, Sowerot Mahawansu, Kanokwan Chantorn
Photos by Nuttapon Panya, Sulukkna Tiennoi, Desmond Chiang



Agus Prayogo of Indonesia won the 5,000m, he won the 10,000m gold medal in the 25th SEA Games in Laos in 2009.

Agus Prayogo of Indonesia had a close first place win in the Men's 5,000 meter race with a time of 15:06:27 minutes, narrowly winning the gold from Indonesian Ridwan at 15:06:56 and third place going to Sanchai Namket of Thailand who took the bronze with 15:06:57 minutes.

Wild animals at the Night Safari



One of the athletes really enjoyed the birds!



The sound and light show over the water wowed the guests at night.



Shamsulhaih Saidi, a sepak takraw player from Malaysia, really enjoyed the Thai food served at the Night Safari.

The day ended at the Night Safari with the athletes being greeted by the mascots and a parade of animals at the main entrance to the Night Safari. Dancers with Fon Nok and Fon Tou entertained the crowd along with cultural performances from the Tai people of Mae Hong Son. The evening concluded with dinner and the laser light show that the Night Safari presents so beautifully. Rested and recharged, the athletes are ready for today's busy schedule!

Saengdawan Duabpanya, a Ping Pong player from Laos, said "I liked today trips very much. I have bought some souvenirs for my parents, and family members. It's really good food, especially the Northern Thai style called Khan Toke. Tomorrow (Dec 20), I will compete for the Table Tennis for the women's doubles team, so please cheer us, and I will do my best whatever will be."

Shamsulhaih Saidi, a sepak takraw player from Malaysia said "I enjoyed today' tours, and have a dinner at the Night Safari. I have really the Northern Thai food, and I like tom yam kung, prawn soup, most as it is really a good taste. Another tourist spot I liked was the impressive Mae Sa Elephant camp," he said, adding, "I feel Chiang Mai is a lovely city that hosted us and took good care of us, I really appreciate it, and will keep these good things in my memories forever."

Chan Yen Er and teammates of the Malaysian Volleyball team, said "I feel excited and happy, to tour some places today. One of my favorites is the Night Safari because there are many animals that were could get close in touch with. The dance and performances with the musical fountain were beautifully presented,. It is



One of the athletes poses with a python at the Night Safari.



The athletes were given dinner at the Night Safari.



Dancers with a Foon Tou greeted the guests.

a very rarely-found atmosphere and one I never seen like this before. I like the good weather. Apart from these, the food was good and we like the sweet taste specially. It's delicious food. We took a lot of photos with animals up close with them; we are really impressed with this."

Rathchakorn Kruathiwa, the assistant coach for Basketball team of Thailand said "I feel that I have seen something which I never seen

before, I like the Elephant camp the most and was really impressed with the elephant shows."

Story By Krissarak Saeneevong Na Ayutthaya, Kanyarath Chaichana, Supakran Ruangdant, Netaphit Thupajorn, Chotika Phetson, Sawarot Mahohansu

Photo By Yossuntorn Sawasdee, Thirarat Phutthawong, MKan-nokwan Chantorn, Kobkan Sampao, Sulakkana Tianno, Isara Honkham



The AUG athletes were welcomed with traditional Lanna dancers.



Athletes got to get close to a rare albino tiger at the Night Safari.

Baan Tawai shopping heaven



The visitors hoped to stock up on souvenirs for their families.



Vendors at Baan Tawai were thrilled to see the students visit.



Athletes enjoyed their day out.



Taking a much needed break from shopping!



AUG athletes paid a visit to the famous Baan Tawai yesterday and found that the stories of the shopping possibilities were not exaggerated. A great place for people to pick up souvenirs for their family and friends back home and for themselves to remember their stay in Chiang Mai by taking home a piece of its beautiful handicrafts.

Aloysius Goh, Bowling Singapore, said "I like today's trip, as I have learned more about Chiang Mai and I like Mae Sa elephant camp most, as it is a strange place found only in Thailand. Ban Tawai, it really the place for handicraft works, I also like the beautiful products, but it's a pity that I could not bring these back home this time."

Do Tuau Cuong: Referee Karate Asian, said "I feel the visit to the Elephant camp was most worthwhile as they are clever, however, the most interesting place, that I like to visit most, is Doi Suthep. I have been there at the view point, where I had a meal, and can see the panorama view of the city, which is really beautiful. The hot springs in San Kamphaeng was also good, when meeting with other tourists and visitors, having fun and feeling more relaxed from this trip to soak our feet in the hot spring to relax."

Hing Yin Mun: Women Basketball Malaysia, said for this trip, "It is really a good atmosphere, I like it very much, especially the scenery along both sides of the road, really rural villages that cannot be seen in the city. I like the culture here as well, particularly the umbrella making at Bro Sang, and the one of the most things, I like it's the hot spring, as it is really natural atmosphere there."

Lidaphone Bounnaphol: Karate Laos said, "I was very excited to visit the Elephant camp, the shows were fun, the paintings. The hot springs were also nice, to boil and I like it really because of the good weather."

Poungnat Sriwilai, a handicrafts merchant at Ban Tawai, said she was happy to see visitors from AUG, as this would spread out Thai culture abroad., "Today I could sell many things, especially the souvenirs., I can practice my English" she laughed, adding that "we want to have more groups like this."

A.a. Nburah Wlsnu Denny Mulyono of the Indonesia Basketball Team said "There are many things to buy; the hand- made products and handicrafts work. Ban Tawai has many beautiful products on offer to the shoppers."

By Muanfun Chaipolban, Sathinee Chirakal, Nattaporn Inkeaw

Photos by Wongsakorn Nakngoen, Atitaya Kanjanathorn

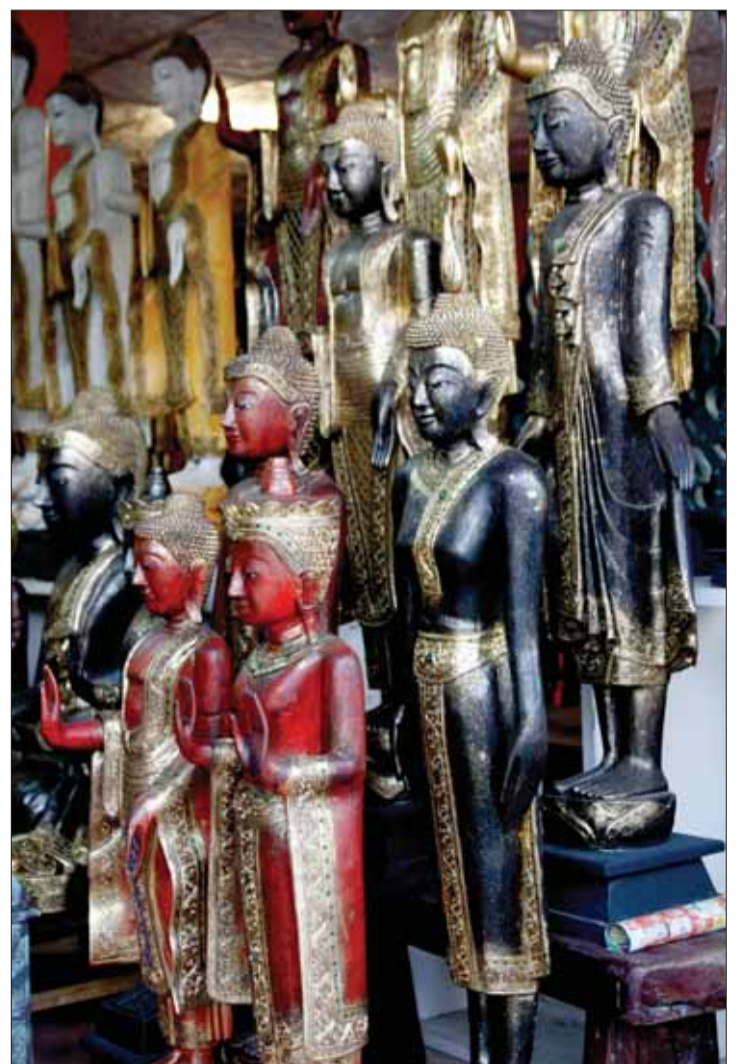
Posing with the helpful traffic police that made sure their trip around Chiang Mai went smoothly.



Baan Tawai had many interesting handicrafts for sale.



More handicrafts on offer at Baan Tawai.



Handcarved wooden objects are some of the many things Baan Tawai is famous for.

Relaxing in San Kamphaeng



Himaha Zman Barahim a Pencak Silat player from Brunei, enjoyed boiling eggs in the hot springs.

Athletes got a chance to soak their tired feet in the relaxing hot springs at San Kamphaeng yesterday, a good preparation for today's further events. The Hot Springs are widely known for their therapeutic benefits and the high sulfur content of the water has been said to cure many ills.

Cooking eggs in a special tank filled with the super hot water of the springs gives your boiled egg a slightly sulfur taste. Not necessarily unpleasant, just a little odd! Many say if you do not visit the Hot Springs you haven't seen Chiang Mai.

Himaha Zman Barahim a Pencak



Students enjoyed the cool temps and beautiful scenery.

Silat player from Brunei said, "I am excited to go to these hot springs because we don't have one in our country. I feel very happy to take a lot of pictures and boil eggs, and put my feet in the water. In Brunei, they don't have such a weather like this it's very cold and the scenery is very beautiful also so are the girls."

Jalinawati Mohaimin, the manager of the Brunei table tennis team said, "This is my first time in Chiang Mai Thailand, it's a good experience in this good culture. I love it. It is a good experience in hot spring. I don't have one in my country, it's my first time."

Jaime Godin Soures a Karatedo fighter from Timor Leste said, "It's very interesting!! I like the hot springs we have in Timor, too but it is very natural and in Thailand it is very modern. I buy a lot of souvenirs. They are very beautiful I will give them to my family they will be happy."

Mohammad Ali Sabri the manager of the Brunei Futsal team said, "I think it's wonderful wa-



Volunteer guide Wachira Chaiwiang has had a lot of new experiences showing the visitors around Chiang Mai.



Athletes gathered for photos to show their friends and family back home.



The visitors found the geysers at the hot springs very exciting.

ter and the scenery also. I buy pencils and some souvenirs for my children, my girlfriend and my family. I learn Thai culture like the craft, language and architecture."

Wachira Chaiwiang, a third year student of Rajabhat University, Chiang Mai and volunteer guide, said she feels happy to be a guide as she is gaining new experiences, especially communication with foreigners. "We have to get to know more about the place that we visit, and then explain to them, and make them understand easily with some body language, and hints, gestures for the better communication."

Story by: Romtham Srisukho, Waranyoo Soranoi

Photo by: Puriwat Boonnak, Rangsiman Sittipong, Jaturawit Decha



Mohammad Ali Sabri the manager of the Brunei Futsal team enjoyed the scenic gardens at the hot springs.



Jalinawati Mohaimin, the manager of the Brunei table tennis team is enjoying her first trip to Chiang Mai.



Jaime Godin Soures a Karatedo fighter from Timor Leste liked the modern services at the hot springs.

Beautiful umbrellas at Bor Sang



Athletes took turns posing with an umbrella.



An artist handpaints one of the beautiful Bor Sang umbrellas.



One of the artisans hand painting on silk.



Sengdavanh Duangpanya, a tennis player from Laos was impressed with all the spots she had visited.

The tour hit Bor Sang yesterday, famous for its hand painted umbrellas and fans. The umbrellas were prominently used in the Opening Ceremony, with the multicolors representing the colors of a rainbow, all different but united in one in the rainbow, an apt metaphor for these Games that have brought students from all ASEAN countries together.

Sengdavanh Duangpanya, a tennis player from Laos, said she feels good for visiting Chiang Mai's tourist spots with each place's unique identity and Lanna heritage very impressive.

Mr. Lai Xiu Xiang, a table tennis player from Malaysia said, "It's very fun and good to be here today. This place is a place that has a lot of traditional feeling. We can't see this in Malaysia. Actually, I want to buy some umbrella but too bad I can't bring them back,"

Maalani Chandran, a karate-do fighter from Malaysia said "It's my first time here. Before I came, I thought Chiang Mai was boring but after 5 days here I have to change my mind. I've never been so close to a place like this. This is an interesting day for me,"

Nelly, basketball player from Indonesia, said "I feel excited and really like this because it is really unique, beautiful, colorful, which is most outstanding, I like most that using they use bamboo as a part of the umbrella structure which I never seen anywhere in the world, and I should buy one as a souvenir."

Tiphakone Southammavong, a table tennis player and Phonthaviphane Phonseya a track and field athlete, both from Laos said, "I feel enjoyment and fun and I like umbrellas, especially the colours, and patterns, painted on the umbrella, When seeing the demonstration on how to make umbrella, I feel like to do so, and I think, I will buy ones as for souvenirs. Like in Laos, but

there it is made as the furniture, and I really like this trip, as a relaxation trip, But I think we should go to Chiang Mai Zoo as well, to see Lhin Ping and the Night Safari for the night tour through the night zoo."

Ngeth Sam Ourn, Head of Delegation for Cambodia, said "it is amazing because to make the umbrella here is a gathering of villagers, working as the cooperative, generating their income to communities, as well as unity among them. For myself, I am interested in the umbrella village, as its identity is one that I never seen. It is really beautiful, and I look forward to buy ones as a souvenir."

Story by: Kan Kamolrat, Paranut Anui

Photo by: Yossuntorn Sawasdee



Ngeth Sam Ourn, Head of Delegation for Cambodia was really impressed with the cooperative spirit of the villagers in Bor Sang.



Maalani Chandran, a karate-do fighter from Malaysia is enjoying her first trip to Chiang Mai.



Nelly of Indonesia was interested in buying an umbrella as a souvenir to take home.



Athletes pose for a group photo.

Elephants amaze



Laos table tennis player Bounyiem Nhotsavansouk noted that the elephant was the symbol of Thailand.



The athletes found the elephants amusing and intelligent with their games and abilities.



Herman Wewe of the Indonesian basketball team really enjoyed the elephant show at Mae Sa Elephant Camp.

The trip out to Mae Sa Elephant Camp was one of the highlights of the day as the athletes and other visitors got to get up close and personal with these intelligent and magnificent animals. The national symbol of Thailand; elephants were traditionally used in logging work but as that has diminished they have found themselves out of work. Many of the visitors really enjoyed the show displaying the elephant's skills in logging and, amazingly, painting and the visit was a great success.

The elephant shows are 3 times a day, starting from 9.45 a.m and always draw tourists and visitors, as well as the athletes from the AUG. They enjoyed watching the parade of elephants, elephant riding demonstration, dancing elephants, elephants playing football and basketball and other games between elephants and some of the sportsmen and

women drawing lots of laughing and cheering from team members.

Herman Wewe, the Basketball captain of Indonesia said that he was very happy to visit and relax here. "It was my first time and we had great fun and improved relations by getting together at the elephant show. The elephant is a lovely animal with a lot of abilities, and I am really impressed with their painting, with really beautifully created pieces. It is incredible. Moreover, here it is the really nice weather for relaxing and taking a break from the games."

Bounyiem Nhotsavansouk, Table Tennis player from Laos, said that he felt excited that Thailand could bring in elephants for training and showing. "The elephant is symbolic of Thailand, and it is interesting for foreigners. We have the same in Laos with elephant rides in the moun-



The elephant painting was a big hit with the crowd.



Athletes took part in the elephant show, much to the amusement of their team members.

tain forests, but there is the fascinating show of elephants. I like this kind of weather and atmosphere; I really like the jungle tours. We should also visit Doi

Suthep and Doi Inthanon, as there are really beautiful flowers in bloom there as well."

Story By Chutimon Saowapha
Photo By Pharunyoo Deekaew



The visitors really enjoyed the elephant show.



One of the athletes was delighted to find the elephant taking her hat while another fed the elephants sugar cane.

